

Annual Report

2025



Letter from Brenda



Dear Friends of AANE,

In 2025, the Autistic and Neurodivergent community has faced more uncertainty than ever. Public resources and supports in schools have been dismantled. Privacy has been put under threat. Long-debunked myths about autism have resurfaced. These challenges have fueled stress, strained mental health, and forced Autistic adults and families to spend precious energy defending hard-won rights instead of securing the services they urgently need.

During this precarious time, demand for AANE's services has surged—up 26% in recent months compared to last year. Every number in this report represents a real person who sought stability, guidance, and connection. Thanks to you, we were there: providing reliable information and a community where people feel safe, understood, and respected.

I am in awe of your generous support, and the dedication of our staff, board, and volunteers. Together, we made a vital impact on thousands of people in fiscal year 2025. Thank you for being a part of our community.

With gratitude,

Brenda Dater, MPH, MSW
Executive Director, AANE

In Their Own Words

"Max's group is one of my favorite groups, and **it has saved my life at times. Community is everything,** and Max is wonderful about making everyone feel like they belong." -Robin



"I really enjoy this group and the community it has created for so many of us. **The concern and compassion we show for each other are genuine and very meaningful.** I love seeing people come back to group after meeting them in previous groups and I love meeting new faces along the way." -Katharine

"Since being in LifeNet, my daily life has been easier on me, [especially] knowing **I can reach out at any time for help. I am much less stressed** at work, I can organize my doctor appointments and social life without any problems. Everyone at my work is nice to me and understands my needs." -Jim



In Their Own Words

"It was very helpful to **talk with someone who could understand and affirm my experiences** and was prepared to listen without judgement." -Paul



"AANE is an AWESOME organization here to serve Neurodivergent folks, questioning folks, and the community in general. **I am so grateful you are all around to help the community!** Hearing others' stories was really eye opening for me, and I am glad I joined today!" -Jeremy

"As a 74 year old woman who is mother to a recently diagnosed [adult] son, I have been lost in a desert for years. **Some things ARE worth waiting for, and the AANE team were!** We are each finding our way back to enjoying our connection. We are relating, and I'm starting to 'get him.' My son and I are no longer lost." -Meg



In Their Own Words

"I learned a lot about how to improve my daughter's IEP. Amanda really unpacked how to approach IEP writing for maximum positive impact." -Andrea



"I loved this meeting. I loved the sense of community I got from it. Having a space to talk about hard topics is nice as well as having a space to share exciting interests! Everyone was very welcoming." -Jordyn

"My LifeMAP coach had so much experience and compassion. I could talk to her without shame, not only about the big issues, but also about the little things that I felt like everyone except me already understood." -Oliver (holding Piglet)



In Their Own Words

"The connections I've made through AANE have helped me feel less isolated, and it's had such a **positive impact on my mental health** and sense of belonging." -Alysse



"As a marriage and family therapist focused on neurodiverse couples, the AANE Neurodiverse Couples Institute trainings have been invaluable. **These trainings have made a real difference not just in my practice, but in the lives of the couples I serve.** I'm truly grateful for AANE's commitment to neurodiversity-informed care." -Nancy

"We are so grateful for the **amazing training, which elicited some of the best engagement from our staff I've ever seen.** Our staff have continued to reach out to me for recordings and further resources, and our Neurodiversity Employee Resource Group has seen its membership numbers go through the roof. I can't thank you enough for your great work." -Shiva



Our Impact

We're Here for You

Across the U.S. and around the world, countless Autistic people still lack access to the information, community, and support they need to thrive. **AANE bridges this gap, reaching thousands of people each year with programs and services that make a critical difference.**

Trusted and Recommended

In FY25, we served community members through online support groups, social groups, coaching, and workshops. **Of the 1,627 program participant survey respondents:**

93%

were **satisfied** with our services.

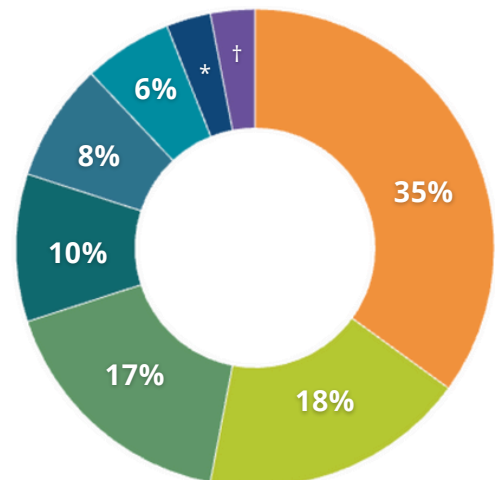
95%

would **recommend** AANE and our services.

Multiplying Our Impact

We know that **improving outcomes for Autistic adults and teens** requires education and community that includes not only Autistic individuals themselves, but also the **family members, clinicians, employers, and educators who are part of their lives.** Here is our FY25 community:

- 35% Autistic Adult
- 18% Parent of Autistic Adult
- 17% Parent of Autistic Child/Teen
- 10% Partner/Ex of Autistic Adult
- 8% Clinicians, Coaches, Therapists
- 6% Other Family of Autistic Person
- 3% Other Relationship*
- 3% Autistic Teen†



Our Impact

Accessible and Available

Everyone deserves access to community and support. At AANE, accessibility is at the heart of our work. By offering programs virtually, **we reduce barriers** like transportation, childcare, and environmental sensitivities, so that **people can participate in ways that work for them.**

In FY25, **more than 14,000 individuals** connected with AANE's services across all **50 states, Washington, D.C., Puerto Rico, and 75 countries** around the world. Here are the services we provided over the past year:

One-to-One Services

5,282

Responses to Requests for Information, Resources, Parent Coaching, and IEP Reviews

23,364

LifeMAP Coaching Hours

Group Services

1,307

Support Group Meetings

332

Social and Interest-based Events

Education and Information

182

Trainings, Workshops, and Symposiums

258k

Webpage Views of Informational Resource Pages on aane.org

Core Programs

One-to-One Services

- Free information and resource consultations
- Coaching for Autistic adults and teens (LifeMAP), parents and other family members, and neurodiverse partners
- Independent living support for Autistic adults (LifeNet)



Group Services

- Support groups for Autistic adults, Autistic teens, parents/caregivers, neurodiverse partners, and other family members
- Interest-based groups and social events for Autistic adults

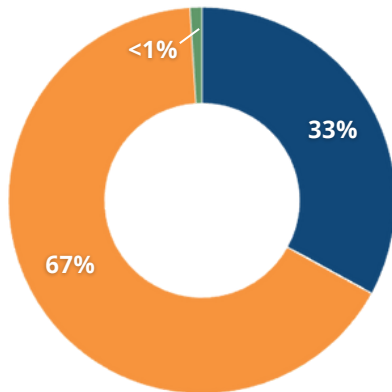
Training & Education

- Webinars and workshops for all community members
- Training for employers, educators, mental health professionals, and other service providers



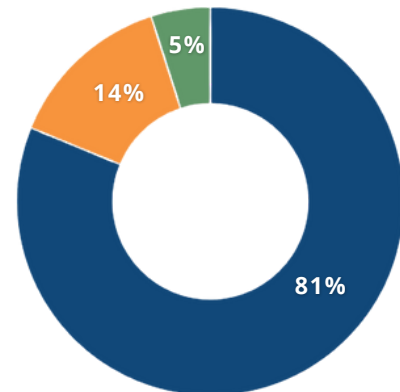
Financials

Revenue



33% Contributions and Grants
67% Program Service Fees
<1% Other Revenue

Expenses



81% Direct Service
14% Administration
5% Fundraising

Year End	6/30/25 Unaudited*	6/30/24 Audited
Revenue		
Contributions & Grants	\$2,315,225	\$2,050,863
Program Service Fees	\$4,704,862	\$3,969,509
Other Revenue**	\$41,305	\$791,557
TOTAL	\$7,061,392	\$6,811,929
Expenses		
Direct Service	\$5,324,347	\$4,990,230
Administration	\$930,681	\$966,474
Fundraising	\$301,488	\$438,884
TOTAL	\$6,556,516	\$6,395,588
Net Assets		
Change in Net Assets	\$504,876	\$416,341
Net Assets at FY End	\$1,847,774	\$1,342,898

* This preliminary financial information for the fiscal year ending June 30, 2025 is unaudited and therefore subject to change.

** Other Revenue for the fiscal year ending June 30, 2024 consists of investment income and an Employee Retention Credit (ERC).

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Thank You

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Thank You

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Thank You

\$1,000+

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A Very Special Thanks

We want to express our gratitude for the 15 community members who shared a testimonial and/or photo for this year's report. Thank you for helping to tell AANE's story.

* Indicates donors who have supported AANE for ten or more consecutive years.
All efforts have been made to ensure the accuracy of this list. If you believe that an error or omission has occurred, please contact us at fundraising@aane.org.



**ASSOCIATION FOR
AUTISM AND NEURODIVERSITY™**

Empowering Individuals • Building Community

AANE helps Autistic and similarly Neurodivergent people build meaningful, connected lives. We provide individuals, families, and professionals with education, community and support, in an inclusive atmosphere of validation and respect.

For more information about this report, email us at
fundraising@aane.org

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