

Welcome to AANE's Summer Group Programming July-September 2024

Table of Contents

Welcome	1-2
Groups for Autistic Adults.	
<u>All Gender</u>	3-4
<u>Women</u>	5-6
<u>Men</u>	7
<u>LGBTQ+</u>	8
<u>BIPOC</u>	9
<u>Topic Based</u>	10
<u>Parents and Families</u>	11-12
<u>Autistic Teens and Young Adults</u>	13

This year, we're planning to announce group registration in four quarters based on the **start** date of the group:

Summer	Fall
July – September	October – December

Winter	Spring
January – March	April – June

All groups are online unless noted

Financial Assistance

AANE is able to offer financial assistance upon request, please send an email to groups@aane.org including the event name to inquire. For example:

Hello,
I would like to request financial assistance for (insert full title of group).
Sincerely, (your name).

If you are able, please consider donating the cost of an additional registration to support the financial assistance of others.

Multi-Session / “Closed”

Register once for multiple sessions, includes “Closed” groups which have the same participants for a set number of sessions.

Single Session / “Open”

Register for one session or event, includes “Open” groups which may have different participants joining from session to session, webinars, workshops, or special events.

Time Zones

All groups are listed in Eastern Time.

Facilitators

Look for a familiar name, or check out [Facilitator Bios Here](#).

Break

This group will be offered again, but does not have a start date in a quarter labelled “Break.”

Fall, Spring, Winter

You will see a month under each of these headings, that is the month we are expecting the next round of the group to begin.

Register by clicking the hyperlinked dates. If you want to register but need financial assistance, email the name of the group, facilitator, and day of the week to groups@aane.org.

[Click here for AANE’s Code of Conduct and Frequently Asked Questions](#)

Early Notification Lists

If you see a Multi-Session/ “Closed” group that you are interested in, but not able to fit into your schedule, please sign up for the applicable Early Notification List. For the next quarter, we will give you group registration information in advance. If you have been on the early registration list for more than 6 months without finding a group, please sign up again so we know you are still interested.

Click the links below to sign up:

[Adult Support Groups](#)

[Adult Social Activities](#)

[Teen Social/Support Groups](#)

[Support Groups for Parents of Children/Teens/Young](#)

[Adults](#)

[Support Groups for Parents of Adults \(23+\)](#)

Support Groups For Autistic Adults of All Genders

“Closed” Support Groups for Adults (any age)

These “closed” support groups are for autistic adults (18+) who are out of high school. They meet eight times for 90 minutes each. Through AANE “closed” support groups, members can build an ongoing connection with a small community. These communities give members an opportunity to celebrate successes and support each other through difficulties. Common topics of discussion are: Masking/camouflaging, Sensory sensitivities/overloads, Relationships, Self-care, and many more!

Fee: \$100

for financial assistance email groups@aane.org

Facilitator	Day of the Week	Time (ET)	Frequency	Summer Dates Click the dates to register	Fall	Winter	Spring
Nisha Narvekar	Monday	5:00 PM	Weekly	7/8, 7/15, 7/22, 7/29, 8/5, 8/12, 8/19, 8/26	Nov	March	Break
Kelly Urban	Tuesday	11:00 AM	Weekly	9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22	Dec	March	June
Ryan Walsh	Tuesday	7:30 PM	Weekly	7/23, 7/30, 8/6, 8/13, 8/20, 8/27, 9/3, 9/10	Oct	Jan	April
Maxfield Sparrow	Wednesday	7:30 PM	Weekly	9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23	Break	Jan	May
Katy MacRae	Thursday	11:00 AM	Weekly	On Break/ Mid Session	Oct	Feb	June
Ryan Walsh	Friday	1:00 PM	Weekly	8/9, 8/16, 8/23, 8/30, 9/6, 9/13, 9/20, 9/27	Nov	Feb	May
Trish Huff	Sunday	3:00 PM	Every other Week	7/21, 8/4, 8/18, 9/8, 9/15, 10/6, 10/20, 11/3	Nov	March	Break

Support Groups For Autistic Adults of All Genders

Single Session

These “open” support groups are for autistic adults who are out of high school. They meet on a monthly basis, and participants must register for each meeting. They meet for 60-90 minutes. These can be a mixture of familiar and new faces each month. Common topics of discussion are: Masking/camouflaging, Sensory sensitivities/overloads, Relationships, Self-care, and many more!

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Fee	July	Aug	Sept
"Open" Community Connections for Adults	Bob Waters	First Tuesday	11:00 AM	Monthly	Free	7/2	8/6	9/3
"Open" Support Group for Adults (any age)	Olive Gallop	First Thursday	5:30 PM	Monthly	\$10	Break	8/1	9/5
"Open" Support Group for Adults (any age)	Bob Waters Olive Gallop	Third Thursday	6:30 PM	Monthly	\$10	7/18	8/15	9/19
"Open" Discussion Group for Adults 50+	Anastasia O'Melveny	First Monday	6:00 PM	Monthly	Free	7/1	8/5	9/9
“Open” Support Group for Adults (50+)	Wilma Wake Lisa Morgan	Second Friday	10:00 AM	Monthly	\$10	7/12	8/9	9/13

Support Groups For Women

“Closed” Support Groups for Women

These “closed” support groups are for autistic women (18+) who are out of high school. They meet eight times for 90 minutes each. Through AANE multi-session/“closed” support groups, members can build an ongoing connection with a small community. These communities give members an opportunity to celebrate successes and support each other through difficulties. Common topics of discussion are: Masking/camouflaging, Sensory sensitivities/overloads, Relationships, Self-care, and many more!

Fee: \$100

for financial assistance email groups@aane.org

Facilitator	Day of the Week	Time (ET)	Frequency	Summer Dates Click the dates to register	Fall	Winter	Spring
Women 18-35							
Olive Gallop	Tuesday	12:00 PM	Weekly	7/11, 7/25, 8/8, 8/22, 9/5, 9/19, 10/3, 10/17	Dec	Break	May
Katy MacRae	Tuesday	12:30 PM	Weekly		Dec	Break	April
Debbie Curtiss	Thursday	5:00 PM	Weekly	9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 11/7, 11/14	Break	Feb	June
Women 35-50							
Miriam Zisook	Monday	12:30 PM	Weekly	8/26, 9/9, 9/23, 10/7, 10/21, 11/4, 11/18, 12/2	Dec	Break	April
Mina Fonze	Wednesday	8:00 PM	Weekly	7/17, 7/24, 7/31, 8/7, 8/14, 8/21, 8/28, 9/4	Oct	Jan	April
Katy MacRae	Thursday	1:00 PM	Weekly	6/13, 6/20, 7/11, 7/25, 8/1, 8/8, 8/15, 8/22	Oct	Feb	May
Miriam Zisook	Thursday	5:30 PM	Every Other Week		Break	Jan	May
Women 40-60							
Ilia Walsh	Tuesday	11:00 AM	Every Other Week	7/9, 7/23, 8/6, 8/13, 8/27, 9/10, 9/24, 10/8	Nov	Break	March
Erica Remi	Wednesday	3:00 PM	Every Other Week	9/11, 9/25, 10/9, 10/23, 11/6, 11/20, 12/4, 12/18	Break	Jan	May
Ilia Walsh	Thursday	11:00 AM	Every Other Week	7/18, 8/1, 8/8, 8/22, 9/5, 9/19, 10/3, 10/17	Nov	Break	March
Women 50+							
Allyson Linehan	Thursday	2:00 PM	Weekly	8/8, 8/15, 8/22, 8/29, 9/5, 9/12, 9/19, 9/26	Nov	Feb	May

Support Groups For Women

Single Session

These “open” support groups are for autistic women in a variety of life stages. They meet on a monthly basis on a regular schedule, and participants must register for each 60-90 minute meeting. These can be a mixture of familiar and new faces each month. Common topics of discussion are: Masking/camouflaging, Sensory sensitivities/overloads, Relationships, Self-care, and many more!

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Fee	July	Aug	Sept
"Open" Greater Boston, MA Support Group for Women	Maggie Bowlby	Fourth Monday	6:00 PM	Monthly	Free	7/22	8/26	9/23
"Open" Support Group For Women (50+)	Wilma Wake Lisa Morgan	Third Monday	12:30 PM	Monthly	\$10	7/15	8/19	9/16
Online "Open" Support Group for Women (50+)	Trish Huff	Fourth Monday	6:30 PM	Monthly	\$10	7/22	8/26	9/23

Support Groups For Men

Multi Session

These “closed” support groups are for autistic adults (18+) who are out of high school. They meet for eight sessions for 60 minutes. Through AANE multi-session/“closed” support groups, members can build an ongoing connection with a small community. These communities give members an opportunity to celebrate successes and support each other through difficulties. Common topics of discussion are: Masking/camouflaging, Sensory sensitivities/overloads, Relationships, Self-care, and many more!

Fee: \$100

for financial assistance email groups@aane.org

Group Title	Facilitator	Day of the Week	Time (EST)	Frequency	Summer Dates Click the dates to register	Fall	Winter	Spring
"Closed" Support Group For Men (18-30)	Ryan Walsh	Thursday	5:00 PM	Weekly	7/11, 7/18, 7/25, 8/1, 8/8, 8/15, 8/22, 8/29	Oct	Jan	April

Single Session

These “open” support groups are for autistic adults (18+) who are out of high school. They meet for 60-90 min on a monthly basis, and participants must register for each meeting. These can be a mixture of familiar and new faces each month. Common topics of discussion are: Masking/camouflaging, Sensory sensitivities/overloads, Relationships, Self-care, and many more!

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Fee	July	Aug	Sept
"Open" Support Group for Men (any age)	Ryan Walsh	Fourth Tuesday	6:00 PM	Monthly	\$10	7/23	8/27	9/24

Support Groups For Autistic LGBTQ+ Adults

Multi Session

These “closed” support groups are for autistic adults (18+) who are out of high school. These groups meet for eight sessions for 90 minutes each. Through AANE multi-session / “closed” support groups, members can build an ongoing connection with a small community. These communities give members an opportunity to celebrate successes and support each other through difficulties. Common topics of discussion are:

Masking/camouflaging, Sensory sensitivities/overloads, Relationships, Self-care, and many more!

Fee: \$100

For financial assistance email groups@aane.org

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Summer Dates Click the dates to register	Fall	Winter	Spring
"Closed" Support Group for Gender Diverse Adults	Olive Gallop, Jay Eveson-Egler	Thursday	12:00 PM	Every Other Week	9/19, 10/3, 10/17, 10/31, 11/14, 11/28, 12/12, 1/2	Break	Jan	May
"Closed" Support Group For Queer Women	Olive Gallop	Wednesday	12:00 PM	Weekly	8/7, 8/14, 8/21, 8/28, 9/4, 9/11, 9/18, 9/25	Nov	Feb	May

Single Session

These “open” support groups are for autistic adults (18+) who are out of high school. They meet for 60-90 min on a monthly basis, and participants must register for each meeting. These can be a mixture of familiar and new faces each month. Common topics of discussion are: Masking/camouflaging, Sensory sensitivities/overloads, Relationships, Self-care, and many more!

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Fee	July	Aug	Sept
"Open" Gay Men's Support Group	Guy Ronen	Second Monday	7:00 PM	Monthly	\$10	7/8	8/12	9/9
"Open" Support Group For LGBTQ+ Adults	Olive Gallop	Third Thursday	4:00 PM	Monthly	\$10	7/18	8/15	9/19
"Open" Gender Identity Support Group for Adults	Max Sparrow Emmett Perkins	Third Tuesday	7:00 PM	Monthly	Free	7/16	8/20	9/17
"Open" Social Group for Queer Adults	Olive Gallop	Second Thursday	5:30 PM	Monthly	\$10	7/11	8/8	9/12

Support Groups For Autistic BIPOC

Multi Session

Welcome to AANE's transformative peer resource group. Specifically curated for BIPOC (People of Color) Neurodivergent leaders aged 25 and above, this five-session series embarks on an adventure of self-discovery. We will explore inclusive leadership frameworks, mental health and self-care strategies, and delve into the intricate ways culture and emotions shape your leadership experience. Our sessions are crafted to provide a supportive space where participants can engage in insightful discussions, share experiences, and collectively foster personal and professional growth.

Fee: \$100

for financial assistance email groups@aane.org

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Summer Dates Click the dates to register	Fall	Winter	Spring
"Closed" Peer Resource Group for Autistic BIPOC Leaders	Nicola Brown Janeka Melanson	Monday	5:00 PM	Weekly	9/9, 9/16, 9/23, 9/30, 10/7	Oct	Jan	April

Single Session

These "open" support groups are for autistic adults (18+) who are out of high school. They meet for 60-90 minutes on a monthly basis, and participants must register for each meeting. These can be a mixture of familiar and new faces each month. Common topics of discussion are: Masking/camouflaging, Sensory sensitivities/overloads, Relationships, Self-care, and many more!

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Fee	July	Aug	Sept
"Open" Support Group for BIPOC Adults	Nicola Brown Ilia Walsh	Monday	12:00 PM	Monthly	Free	7/9	8/13	9/10

Topic Based Groups

Multi Session

These “closed” support groups are for autistic adults (18+) who are out of high school. Through AANE multi-session/“closed” support groups, members can build an ongoing connection with a small community. These communities are focused on a specific topic such as relationships or employment, as shown in the title. The number of sessions may vary.

Fee: \$100

for financial assistance email groups@aane.org

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Summer Dates Click the dates to register	Fall	Winter	Spring
"Closed" Peer Resource Group for Autistic Leaders	Nicola Brown, Kelly Urban	Monday	4:00PM	Weekly	7/29, 8/5, 8/12, 8/19, 8/26	TBD	TBD	TBD
HEARTS- Healthy Relationships on the Autism Spectrum	Emily Rothman	TBD	TBD	Weekly	Break	Oct	TBD	TBD
"Closed" Peer Support Employment Group	Sam Warner	TBD	TBD	TBD	Break	Oct	Jan	BREAK

Single Session

These “open” support groups are for autistic adults (18+) who are out of high school. They meet for 60-90 minutes on a monthly basis, and participants must register for each meeting. These can be a mixture of familiar and new faces each month. Through this support group, members can connect with a variety of participants on the topic of employment. Whether you’re currently working, looking for a job or recuperating from burn out, this group is a chance to receive support, share what works for you and learn from each other, on all things related to employment.

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Fee	July	Aug	Sept
"Open" Peer Support Employment Group	Sam Warner	Thursday	7:00 PM	Monthly	\$10	7/11	8/8	9/12

Support Groups For Parents, Caregivers, and Families

Multi Session

These “closed” support groups are for parents, caregivers, and families of Autistic people throughout the lifespan. Through AANE multi-session/“closed” support groups, members can build an ongoing connection with a small community. These communities give members an opportunity to celebrate successes and support each other through difficulties

Fee: \$180

for financial assistance email groups@aane.org

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Summer Dates	Fall	Winter	Spring
Parents of Children and Teens								
Parents Of Young Children (<12)	Amanda Bailey	Tues	7:00 PM	Every other Week	6/18, 7/2, 7/16, 7/30, 8/13, 8/27, 9/10, 9/24	Oct	Feb	June
Parents Of Tweens (Grades 4-9)	Amanda Bailey	Tues	7:00 PM	Every other Week	6/11, 6/25, 7/9, 7/23, 8/6, 8/20, 9/3, 9/17	Oct	Feb	June
Parents of High School Boys	Stephanie Loo	Tues	7:00 PM	Weekly	7/2, 7/9, 7/16, 7/23, 8/6, 8/13, 8/20, 8/27	Oct	Jan	April
Parents of High School Girls	Nancy Parker	Thurs	12:30 PM	Weekly	7/18, 7/25, 8/1, 8/8, 8/15, 8/22, 8/29, 9/5	Oct	Jan	April
Parents of Transition Age Youth (18-22)								
Parents of Transition Age Youth	Stephanie Loo	Thurs	7:00 PM	Weekly	Break	Oct	Jan	May
Parents of Transition Age Youth	Nancy Parker	Tues	12:30 PM	Weekly	7/9, 7/16, 7/23, 7/30, 8/6, 8/13, 8/20, 8/27	Oct	Jan	April
Parents of Adults 23+								
Parents of Adults (23-30)	Allyson Linehan	Tues	7:00 PM	2x/month	Break	Oct	Feb	June
Parents of Adults 30+	Linda Manning	Thurs	7:00 PM	Every Other Week	9/5, 9/19, 10/3, 10/17, 10/31, 11/14, 11/21, 12/5	Dec	April	Break
Parents of Adults (23+)	Ilia Walsh	Tues	4:00 PM	Every Other Week	7/9, 7/23, 8/6, 8/20, 9/3, 9/17, 10/1, 10/8	Nov	March	Break
Parents of Gender Diverse Adults (18+)	TBD	TBD	TBD	TBD	Break	Oct	Jan	May

Support Groups For Parents, Caregivers, and Families

Multi Session Continued

These “closed” support groups are for parents, caregivers, and families of Autistic people throughout the lifespan. Through AANE multi-session/“closed” support groups, members can build an ongoing connection with a small community. These communities give members an opportunity to celebrate successes and support each other through difficulties

Group Title	Facilitator	DOW	Time (ET)	Frequency	Fee	Summer Dates	Fall	Winter	Spring
Families of Any Age									
"Closed" Support Group For Grandparents	Stephanie Loo	Tuesdays	10:30 AM	Weekly	\$180	7/2, 7/9, 7/16, 7/23, 8/6, 8/13, 8/20, 8/27	Nov	March	Break
"Closed" Support Group for Autistic Parents- SPRING 2024	Jay Eveson-Egler	Thursday	7:00 PM	Weekly	\$100	6/13, 6/20, 6/27, 7/11, 7/18, 7/25, 8/1, 8/8	Dec	March	June
"Closed" Support Group for Autistic Parents- SUMMER 2024	Jay Eveson-Egler	Thursday	7:00 PM	Weekly	\$100	9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 11/7			

Single Session

These “open” support groups are for Autistic people throughout the lifespan. They meet for 60-90 minutes on a monthly basis, and participants must register for each meeting. These can be a mixture of familiar and new faces each month. These communities give members an opportunity to celebrate successes and support each other through difficulties.

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Fee	July	Aug	Sept
"Open" Community Connections for Parents and Families of Children, Teens, and Young Adults	Stephanie Loo	Thursday	7:00 PM	Monthly	Free	7/18	Break	9/12
"Open" Support Group for Fathers Group	Bruce Sabian	Last Wednesday	7:00 PM	Monthly	\$10	7/31	8/28	9/25
“Open” Support Group for Families of Adults	Bonnie Kaplan Judy Omivardaran	Third Sunday	10:30 AM	Monthly	Free	Break	Break	9/15
"Open" Support Group for Partners	Maggie Bowlby	Second Monday	11:00 AM	Monthly	\$10	7/8	8/12	9/9

Support Groups For Autistic Teens and Young Adults

“Closed” Social/Support Groups for Teens and Young Adults

AANE’s support groups for autistic and similarly neurodivergent teens are each 90 minutes for 8 weeks. Each session consists of time for teens to connect and share what’s going on in their lives, what it means to them to be neurodivergent, as well as time playing virtual games. Teens are asked to join without parent support, attend for the full session, and navigate zoom and some online games.

If you or your teen have questions about these groups, please [click here to register for an Info Session at 7pm EST on 6/18](#)

Group Title	Facilitator	Day of the Week	Time (ET)	Frequency	Fee	Summer Dates	September Dates
Teens 14-16	Elena Rosen	Wednesday	4:00 PM	Weekly	\$180	7/10, 7/17, 7/24, 7/31, 8/7, 8/14, 8/21, 8/28	Same time and day 9/4- 10/23
Teens 17-19	Elena Rosen	Monday	4:00 PM	Weekly	\$180	7/8, 7/15, 7/22, 7/29, 8/5, 8/12, 8/19, 8/26	Will be 4:00 PM on Weds 9/3- 10/22
Transgender, Nonbinary, and Gender Expansive Teens (14-19)	Elena Rosen	Tuesday	5:00 PM	Weekly	\$180	7/9, 7/16, 7/23, 7/30, 8/6, 8/13, 8/20, 8/27	Will be 6:00 PM on Weds 9/3- 10/22
Young Adults 19-23	Elena Rosen	Wednesday	2:00 PM	Weekly	\$100	7/10, 7/17, 7/24, 7/31, 8/7, 8/14, 8/21, 8/28	Same time and day 9/4- 10/23
Berklee Music Lessons for Teens	Berklee Students	Tuesday	7:00 PM-9:00 PM	Weekly	Free	6/26, 7/3, 7/10, 7/17, 7/24, 7/31	12 weeks 9/25- 12/18

“Open” / Single Session Support Group for Teens 15-19

Facilitator	Day of the Week	Time (ET)	Frequency	Fee	July	Aug	Sept
Branden Plank	Second Saturday	11:00 AM	Monthly	\$10	7/13	8/10	9/14